





Tool Box

- Sitting on the bench or selected tree away from the group
- Offer to wear ear defenders
- Peer support
- Use of visual aids
- Feelings and needs cards and related resources
- Problem solving with story-telling and/or puppets
- Movement breaks
- Piggy back rides, hop, skip or a race to the circle
- Offer smaller steps within an activity
- Flexibility with an activity
- Offer watching or pairing
- Offer drawing
- Sit next to an adult, on an adult's knee or get a hug
- Change seats in the circle
- Call home for reassurance and support with a loved one
- Schedule for the day reviewed or given in advance
- Or other creative strategies